

Birth Doula Pricing

Basic Package

- Initial consultation visit
- (2) 1-hour prenatal visits
- Birth plan assistance
- Unlimited phone + text support
- On-call support starting at 37 weeks until birth
- Unlimited birth support
- 2 hours of immediate postpartum support following birth
- 1 postpartum visit

Top Package

- Initial consultation visit
- (3) 1-hour prenatal visits
- Birth & postpartum plan assistance
- Unlimited phone + text support
- On-call support starting at 37 weeks until birth
- Unlimited birth support
- 3 hours of immediate postpartum support following birth
- 2 postpartum visits

Premium Package

- Initial consultation visit
- (3) 1-hour prenatal visits
- Custom birth & postpartum plan
- Unlimited phone + text support
- On-call support starting at 37 weeks until birth
- Unlimited birth support
- 3 hours of immediate postpartum support following birth
- 2 postpartum visits

INVESTMENT TOTAL
\$1,450

INVESTMENT TOTAL
\$1,720

INVESTMENT TOTAL
\$2,000

Additional Services

HOURLY CARE	Additional prenatal or postpartum appointments	\$45/hour
YONI CARE	Yoni Steaming, Sitz Baths, etc.	\$40
CLOSING OF THE BONES	Promotes healing, closure and ceremony after 'first 40 days'	\$150
PLACENTA ENCAPSULATION	Capsules and tincture, including pick-up and delivery	\$195+
POSTPARTUM MEAL PREP	3+family style meals and 2+ snacks prepared	\$300+
MOTHERS BLESSING	Plan, host, and facilitate Mothers Blessing event	\$250
INTRO TO FERTILITY AWARENESS & BREASTFEEDING	Learn basic breastfeeding hormone patterns and how it affects your menstrual cycle	\$250

A \$450 non-refundable retainer fee is required to secure birth doula services and to reserve your due date on my calendar. The balance of your non-refundable payment is due in full by 35 weeks of pregnancy. All prices are subject to standard sales tax. This amount will be added to your invoice.

Payment plans are available upon request. Please contact me for more information and to discuss your situation. Ask about cash discounts.

Payments can be made via Cash, Venmo, or Paypal (FSA/HSA options available).

